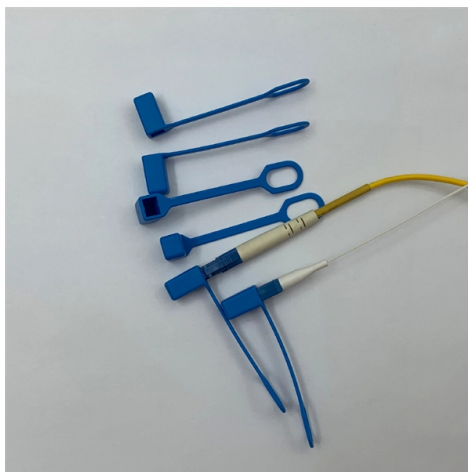


How do I disconnect the fiber optic cable from the router



Overview

I am switching off of a fiber plan and my provider is telling me I should permanently keep the fiber optic cable dangling out of the wall.

Key Takeaways

To safely disconnect a fiber optic cable from your router, power down the device, identify the connector type, and gently release it without bending or twisting the cable. Safety Precautions

Fiber optic cables transmit data as light through extremely thin glass fibers, which are fragile and can be damaged easily. The light signal may be invisible infrared, which can harm your eyes if viewed directly, so never look into the cable end or port while it is active . Always power down the router or modem before handling the cable to eliminate electrical hazards and deactivate the light signal . Keep your workspace clean to prevent dust or debris from contaminating the fiber ends .

Identify the Connector Type

Common residential fiber connectors include SC, LC, ST, and FC. SC connectors are square and use a push-pull mechanism, while LC connectors are smaller and often have a clip or latch. Knowing the connector type helps you release it properly without applying excessive force .

Step-by-Step Disconnection

- **Power Down Devices:** Turn off the router, modem, or any connected fiber equipment .
- **Stabilize the Device:** Hold the router or modem steady with one hand to prevent movement while disconnecting the cable .
- **Release the Connector:**
 - For SC connectors, press the release tab and pull straight along the connector axis.
 - For LC connectors, squeeze the latch and gently pull the connector out .
- **Avoid Twisting or Bending:** Do not bend the cable sharply or twist it, as this can damage the glass fiber .
- **Cap the Connector:** Place protective caps on any exposed fiber ends to prevent contamination or damage .

After Disconnection

Inspect the cable and connector for any visible damage before reconnecting or storing. If the connector is stuck, recessed, or damaged, contact your ISP or a certified technician rather than forcing removal . Following these steps ensures safe handling of fiber optic cables, protects your equipment, and minimizes the risk of service disruption or personal injury.

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